

Stop for a moment!

WHAT WE HAVE FORGOTTEN

A future of global warming will require a profound rethinking of our own actions. This not only means a much more conscious use of resources, consumption, and lifestyles, but also the development of different patterns of thinking about our own lives and relationship with nature. One way is to understand the basic attitudes and rituals of people who have lived with nature for a very long time: Indigenous communities.

In the 1-minute format *What We Have Forgotten*, a young person, usually a child or teenager, reports on a significant moment, ritual or object in their life in the Indigenous community. With just a few words, images and sound, like a poem, the deep meaning becomes aesthetically tangible. Pattern drawings on the face (Ill. 1) and on a carpet as a symbol of life, talking to the mountains because they have a wise soul, treating trees as friends and a silent thank you to the reindeer that has been slaughtered with the promise to take care of its family. At the end of each episode, the protagonist speaks directly to the camera and asks: when was the last time we did something like this?

STOP FOR A MOMENT (PERU)

"My name is Cristy. I belong to the Shipibo-Konibo tribe.

I live in the community of Cantagallo in Peru.

Patterns are very important in our culture.

You might think it is just a nice pattern – but it is much more than that.

If you follow the lines (Ill. 2), it tells you something about life. The Kené art is our ritual painting and can only be carried out by a few wise elderly women. Each painting is unique and tells you: there is always a way, you just have to stop to see it.

Whether in life or in the forest, nature has a path for everyone. But you have to stop and see your way with – not against – nature.

When did you stop for a moment to find your path with nature and without destroying it?"



Ill. 1: In *What We Have Forgotten* Cristy from the Shipibo-Konibo tribe in Peru explains the traditional Kené art



Ill. 2: The Shipibo-Konibo tribe in Peru believes that following the lines of a pattern tells you something about life